

Our team

Dr. Karin Bodewits comes from the Netherlands where she studied Biology. She completed a PhD in Biochemistry at the University of Edinburgh and moved to Munich thereafter. Here, she founded the company ScienceMums, a network for natural scientists. In this function, she became book author, speaker and trainer and published a wide range of articles around the topic “Women & career”. Almost three years later, she founded the career platform NaturalScience.Careers. ScienceMums then became part of this broader platform. She specialises in the topics communication and career development, which she can put into gender- and intercultural perspectives.



Dr. Philipp Gramlich has studied and researched chemistry at various universities in Germany, Australia and Scotland. After experience at baseclick, a biotechnology start-up and as Teamleader R&D, QC and Analytics at Eurofins Genomics, he is now fully focusing on his work as co-founder of NaturalScience.Careers. He specialises in seminars and talks about career development, leadership and gender in science.

Together, they wrote books and regularly contribute to Naturejobs, Chemistry World, Nachrichten aus der Chemie and Laborjournal.



Goodbye academia? – It has been a pleasure

Duration:	1-2 days
Course type:	30% theory, 70% practical examples
Trainer:	Karin Bodewits and/ or Philipp Gramlich
Number of participants:	Max. 12

This seminar can be tailored to a gender-specific audience if desired



Have you enjoyed research and teaching in the past years, but now you think it is time to change? Or you are just fed up, but are aware that frustration alone will not lead to a smooth transition out of academia. Maybe you are not sure yet whether to stay in academia or not, but would like to learn more about other possibilities before making any decision? In this course, which has been specifically developed for PhD students and postdocs in the natural sciences, we will not only broaden your view about everything you can do with your qualification, but also give you practical tips on how to reach your personal goals.

<p>Introspection: making plans based on a closer look at yourself</p> <ul style="list-style-type: none"> - Your skills, interests and values - Idealism vs. pragmatism - Postdoc or not? - How to get on track? Changing professional directions 	<p>Career options within...</p> <ul style="list-style-type: none"> - The private sector - The higher education system - Governmental institutions - Patent law - as freelancer - consultancies... ...and many more
<p>Job applications</p> <ul style="list-style-type: none"> - CVs and cover letters - Recruiters, job ads and open applications 	<p>The job interview</p> <ul style="list-style-type: none"> - Self-presentation - Body language - Your elevator pitch - Questions and answers - Legal aspects
<p>Salary negotiations</p> <ul style="list-style-type: none"> - When to negotiate? - What to negotiate for and how? - Hard vs. soft: do I trade off relationship vs. results or is there a better way? 	<p>Networking</p> <ul style="list-style-type: none"> - Expanding and keeping your network - Address tricky questions with strategic networking - Networking for introverts - Social media

This is an interactive course with exercises and real-life examples. There is a special emphasis on shaping your professional career and how you present yourself to future employers.

Convincing & debating

Duration:	2 days
Course type:	20% theory, 80% practical examples
Trainer:	Karin Bodewits and/ or Philipp Gramlich
Number of participants:	6-12



Scientists are often in the situation that they need to discuss their findings or their need for extra funding or resources with other members of the scientific community or with the general public. The ability to express yourself in a concise and clear manner, using strong arguments, is therefore of utmost importance.

This interactive seminar with real life scenarios, public speaking exercises, argumentation examples and debates, will help participants to successfully engage in various interactions with other scientists and non-scientists. Your Q&A sessions will never be the same again. You will convince your boss to buy this fantastic Mass Spec. You will disarm other people's arguments against you now that you can look behind their facade. And last but not least, you will win on paper (e.g. research- and grant- proposals)!

<p>Public speaking</p> <ul style="list-style-type: none"> - Fear of (public) speaking - Resistance - Feedback, eye contact, group size 	<p>Strategy statements</p> <ul style="list-style-type: none"> - How to convince that the current strategy MUST change! - Interpretation & differentiation - Problem, cause(s), plan, solutions, consequences, conclusions
<p>Structuring your argumentation</p> <ul style="list-style-type: none"> - Head, body, tail - 3 is it! - Style figures (draw the attention) 	<p>Targeting the audience</p> <ul style="list-style-type: none"> - Laymen vs. specialists: what changes? - Understand and address their interests
<p>Debating</p> <ul style="list-style-type: none"> - What is debating? - How to use debating skills in your professional life? - Good arguments & fallacies 	

Variations: Practice makes perfect, and there is always more to learn. Therefore (on request), this course can be expanded by 1 or more extra days.

This course can be combined with the course "Oral presentation" or "Negotiation".